

Talk to your urologist

If you have experienced this type of problem, pay us a visit. With a simple medication or a short surgical procedure you can transform your life and become a healthier and more confident version of yourself.



Taking care of family health



dubailondonclinic.com

For your healthy flows

Dubai London Clinic was established in 1987 with the vision of offering quality international healthcare services in a patient-centered environment.

Combining the outpatient and inpatient medical care, we are dedicated to providing reliable healthcare for all family members in different stages of their life.

Dr. Anis Haddad
Specialist in Urology
Urologist, Andrologist & Sexologist
(France)

Book a Consultation!

Drop by, give us a call or contact us through our website contact form to check the doctor's availability and book a consultation at the most convenient time.



DUBAI LONDON CLINIC AND SPECIALITY HOSPITAL

24 hours walk in clinic
Jumeirah Beach Road
800-DLC / 800-352

DUBAI LONDON CLINIC FESTIVAL CITY MALL BRANCH

Sun-Thu: 8^{am} – 9^{pm}; Friday: 1^{pm} – 9^{pm};
Saturday: 9^{am} – 9^{pm}
Dubai Festival City Mall
800-DLC / 800-352

DUBAI LONDON CLINIC DENTAL CENTRE

Sat – Thu: 8^{am} – 6^{pm}
Al Wasl Road
04-3782921

- PROSTATE SURGERIES
- SEXUAL MEDICINE
- STONE MANAGEMENT
- VARICOCELE
- INCONTINENCE SURGERIES



Meet your Urologist



Dr. Anis Haddad is a French graduated Urologist with a special interest in **Prostatic Surgeries, Varicocele Surgery, Female Incontinence Surgeries TVT-TOT** as well as the **Urinary stones and Sexual health.**

He finished his postgraduate studies at the best French universities and gained a wide experience in the Urology field,

having invested his time in working in the most renowned Urology department in Paris.

Before joining Dubai London Hospital, Dr. Anis Haddad worked in Medcare Hospital in Dubai for two years, and many teaching and regional hospitals in France where he got his extensive experience in all Urology fields.

Dr. Haddad speaks French, Arabic and English.

EDUCATION

- Specialized Qualification in Urology, Paris, France
- University Diploma in Endoscopic Urology, France
- University Diploma in Lithotripsy, France
- University Diploma in Laparoscopic Surgery, France
- University Diploma in Andrology, France
- University Diploma in Vaginal Surgery, France
- University Diploma in Sexology, France
- University Diploma in Uro-Oncology, France
- Fellowship in Sexual Medicine, Oxford, UK

CLINICAL EXPERIENCE

- Varicocele
- Urinary Stones Management
- Extracorporeal Shock Wave Lithotripsy for Kidneys and other Urinary Stones
- Urinary and Genital tract infections
- Female Incontinence
- Endoscopic Procedures: Stones, Bladder lesions and Prostatic diseases
- Pediatric Urology: Undescended testis, Phimosis, Nocturnal Enuresis etc.
- Prostatic diseases: Infection, Hypertrophy and Cancers
- Oncology of the Urinary and Genital tracts
- Sexual disorders: Erectile Dysfunction, Premature Ejaculation, Loss of Desire etc.
- Male infertility



What is Urinary Incontinence?

URINARY INCONTINENCE IN WOMEN

Urinary incontinence is a common condition affecting millions of women all around the world. It's defined as a lack of control of urination; in most cases, it's an 'escape' of a few drops from the urethra (urine opening).

Urinary incontinence may often occur at the inappropriate time and place causing psychological distress & social embarrassment, especially as it also affects the young active women. This condition thus could prevent them from performing their usual professional activities and it may become a handicap in their social life.

TYPES OF URINARY INCONTINENCE

There are two most common types of urinary incontinence. The first one is the Urge Incontinence, caused by accelerated contractions in the urinary bladder. These contractions make the patient feel an uncontrollable urge to urinate, regardless of time and place. This type may be accompanied by an 'escape' of few urine drops or even the full urination. Common trigger for this type of incontinence is the moment of returning back home and unlocking the entrance doors, or by watching the water coming down from the tap.

The second common type of incontinence is called Stress Incontinence. It causes a lady to lose a few urine drops by making any simple to moderate effort, such as carrying heavy objects or doing some exercise like jogging or even walking. It could also happen when coughing and sneezing, or even with laughing. In some cases, the above mentioned two types of incontinence may co-exist.

CAUSES

Most of the well known causes of the urinary incontinence are smoking, weight gain, chronic cough, and hormonal changes related to age, pregnancy and childbirth.



TREATMENT

In most cases, the treatment of urinary incontinence is simple and ranges between taking an oral medication to reduce the bladder contractions, and a simple surgical procedure which lasts for only a few minutes, leaving no visible scars. This procedure has a very high success rate and it enables the patient to go back to her normal physical activities in a short period of time. The choice of the appropriate treatment depends on the type of urinary incontinence that the patient has. The treatment options are discussed with the Urologist after making the diagnosis. Urinary incontinence is certainly not an inevitable condition to live with. The surgical techniques in incontinence treatments have been widely developed in France and other western countries.

