



**Anti-Ageing &
Aesthetic Gynaecology**



**DUBAI LONDON CLINIC
& SPECIALITY HOSPITAL**

Dr. Anna Sepiolo, MD, PhD

Obstetrician & Gynaecologist

American Board in Anti-Ageing & Regenerative Medicine

Cosmetic Gynaecologist



Dr. Anna Sepiolo, MD, PhD

Obstetrician & Gynaecologist

A Pioneer in Her Field

Dr. Anna is the Lead Gynaecologist at Dubai London Clinic and one of the most dedicated and talented clinicians in her field. With years of high-level international experience, she has worked as a Consultant Obstetrician and Gynaecologist across both Dubai and Europe. Now considered the best experienced Gynaecologist in Dubai, Dr. Anna holds esteemed memberships of the following:

- International Society of Ultrasound in Obstetrics and Gynaecology
- European Society of Human Reproduction and Embryology
- American Society for Colposcopy and Cervical Pathology
- European Society of Aesthetic Gynaecology
- American Academy of Cosmetic Surgery
- American Aesthetic Association
- North American Menopause Society
- American Board of Anti-Ageing/Regenerative Medicine



The Power of Prevention: Well Woman Check-Ups

Women have unique health needs that change as they get older and monitoring gynaecological health represents an integral part of female health and wellness management.

Therefore, preventive care and routine screenings are critical even if a woman is feeling fine – hence the vital importance of regular Well Woman Check-Ups.

A Well Woman visit offers a great opportunity for a Gynaecologist to assess a patient's health, discuss preventive health steps, conduct screenings and address questions related to female wellbeing.

During a Well Woman Check-Up, Dr. Anna will cover the following services: Pap smear, gynaecological and breast exam, sexually transmitted disease screening, bone density, various blood work-up and vaccinations.

The World of Aesthetic Gynaecology

Dr. Anna is also a leading Specialist in an important new field – **Aesthetic Gynaecology**. This covers a range of medical and surgical treatments that are used to restore the physical appearance and function of the vagina, vulvar region and pelvic floor.

Over the passage of time the intimate areas on a woman's body undergo physical and functional changes brought about by intense experiences such as pregnancy and childbirth, the menopause, even participation in sports. Some of these changes can lead to problems that reduce quality of life; common issues include urinary incontinence, vaginal dryness or laxity, and sexual dysfunctions such as pain during intimacy.

With great understanding and compassion, Dr. Anna offers both Surgical and Non-Surgical Aesthetic Gynaecology procedures to restore a woman's physical comfort and sense of personal wellbeing.



Surgical Procedures

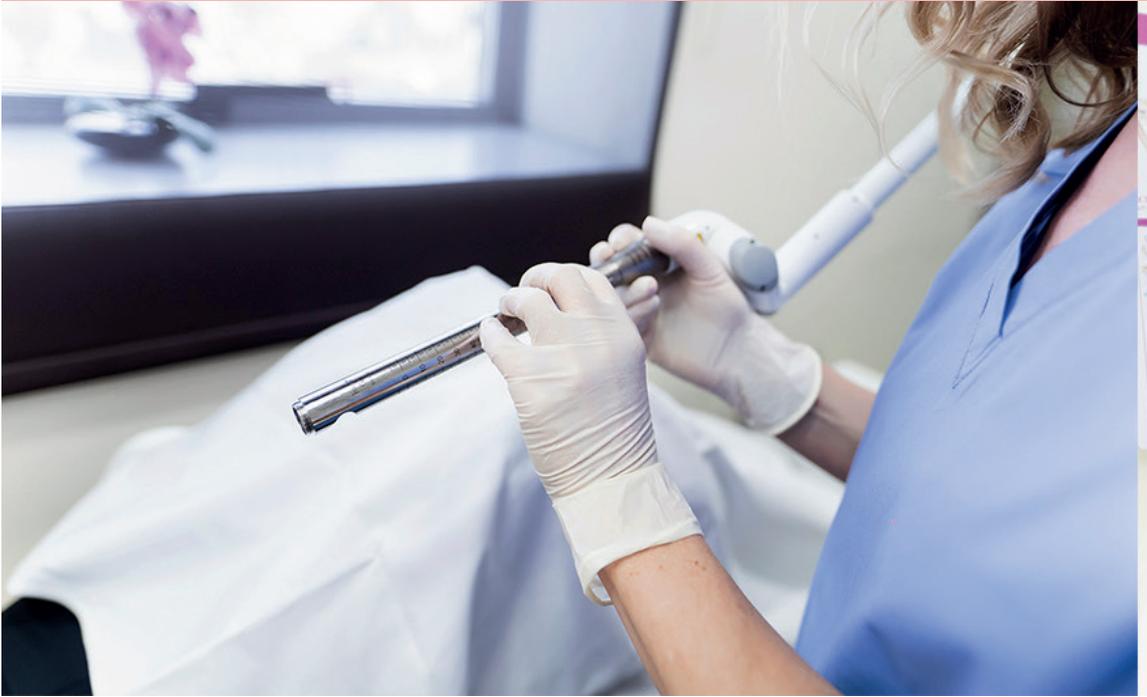
Vaginoplasty

After childbirth women may complain of vaginal laxity caused by the stretching of tissue and the separating of muscle. This lack of tone can contribute to sexual dysfunction and reduced personal confidence. Vaginoplasty brings the separated muscles together, while removing any extra mucosa skin from the back of the vagina.

Labiaplasty

Labiaplasty is a minor surgery that reduces the length of the labia minora and is one of the most performed vaginal rejuvenation procedures. It relieves unpleasant symptoms such as pain and discomfort that women can experience from twisting and tugging of the labia when riding a bike or during sexual intercourse.





Non-Surgical Procedures

Laser Therapy

These days lasers are used widely in Gynaecology to help women manage urinary incontinence, dryness, discomfort, pain and the inability to enjoy sexual intercourse. A very simple and easy treatment, Laser Therapy can correct this problem so that the vaginal mucosa is completely transformed and rejuvenated.

PRP

PRP (Platelet-Rich Plasma) is a new branch of regenerative medicine. It works through reversing red blood cells to 5% and concentrating platelets containing a powerful concentration of growth factors to 94%. In Gynaecology it is used for a range of treatments such as vulvo-vaginal rejuvenation, treatment of postpartum scars, urinary incontinence, labia augmentation and ovarian rejuvenation.



O-Shot®

Dr. Anna offers a ground-breaking O-Shot® solution for women, helping them regain their intimate confidence.

The O-Shot® is an all-natural and virtually painless non-surgical procedure that can rejuvenate and revitalise your vagina and clitoris. This non-surgical solution can vividly improve sensitivity and appreciably enhance your intimate life.

G-Spot Amplification

G-Spot Amplification – also known as the ‘G-Shot’ – is a revolutionary procedure that enhances and enlarges the G-Spot, a small zone at the front of the vagina that is highly erogenous. G-Spot Amplification is a simple, non-surgical treatment that augments the G-Spot in women with normal sexual function for around six months.



Fillers

Hyaluronic acid fillers can be used to recreate youthful plumpness for the labia majora. It is also suitable for use inside the vagina to improve hydration and sexual satisfaction. Painless and safe, this treatment is performed with a local anaesthetic and can be repeated every 6 to 12 months.

Botox

Botox is now used to treat issues like vaginismus which involves involuntary and painful contractions of the vaginal muscles. The treatment involves injections into the muscles around the opening of the vagina. In the same way, Botox can also be used to treat an overactive bladder via the urethra.



Fat Grafting

Often more associated with procedures such as buttock implants, Fat Grafting is now used in Aesthetic Gynaecology to treat various concerns such as looseness, sagging, or a general feeling of unattractiveness with female genitalia. Fat Grafting is particularly effective in performing labia majora augmentation.

Threads Lift

After undergoing natural childbirth some women experience functional and cosmetic defects connected with an excessively wide vaginal entrance. With the Threads Lift Treatment one or two Vaginal Narrower threads are introduced through very small incisions in the crotch skin and muscle before being carefully tied.

Anti-Ageing Treatments

Anti-Ageing Medicine treats the underlying causes of ageing and aims at alleviating any age-related ailment. Its goal is to extend the healthy lifespan of humans having youthful characteristics.

Regenerative Medicine develops methods to regrow, repair or replace damaged or diseased cells, organs or tissues. It also includes the generation and use of Therapeutic Stem Cells, Tissue Engineering and the Production of Artificial Organs.

Functional Medicine is a scientific evidence-based method of understanding how the web-like, interlocking relationships between genetics, environmental toxicity, nutrition and stress influence the core physiological pathways of our body.



Bioidentical Hormone Replacement Therapy (BHRT)

BHRT is typically used as people age and hormone levels drop, particularly for women who are in perimenopause or menopause. It is used to increase the levels of the hormones that have dropped and improve moderate to severe menopause symptoms, including hot flashes, night sweats, mood changes, memory loss, weight gain, sleep issues, and loss of interest or pain during sex.

Stem Cell Therapy for Ovarian Dysfunction and Vaginal Rejuvenation

For women facing fertility issues, pioneering Stem Cell Therapy can regenerate and stimulate the ovaries to function by treatment with Mesenchymal Stem Cells (MSC) and Stromal Vascular Fraction (SVF) from the patient's body fat. Stem Cell Therapy can also be used to rejuvenate vaginal tissue, turning back the clock for mature women.

IV Infusion Therapy

For exhausted, worn out patients wanting to boost their energy levels and immune system, Intravenous Nutritional Therapy brings amazing health benefits through customised intravenous vitamin and mineral drips. This treatment has become an increasingly popular trend for maximising performance, recovery and wellness.





She's amazing! Dr. Anna accomodated me as a new patient the very next day after my inquiry and she was really kind and caring. I was so concerned but she listened and managed to make me feel relaxed by her thoroughness and detailed explanation about my wellbeing and the problem I visited for.

- Samar A. | Dubai, UAE



Dr. Anna is kind, patient, knowledgeable and caring. I've never felt rushed and always felt like I could ask any questions, she'd take the time to answer them. Now that I'm cured, I am so grateful for the experience. I highly recommend Dr. Anna to all women who are in need of medical experience with a human touch.

- Sally S. | Dubai, UAE

For appointments call: **800-352**



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