



**Embrace
Mother & Child**
Care at every step



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 **800 352**

dubailondonhospital.com



Comprehensive Healthcare Services for **Women and Children**

At Embrace Mother & Child Care, we are committed to creating a lasting bond with every mother and child through compassionate, expert-led healthcare. From the start of your motherhood journey, through pregnancy, post-natal recovery, and beyond, we provide personalised care tailored to your unique needs.

Our approach goes beyond addressing immediate concerns—we ensure a seamless continuum of care that grows with you and your family. Whether supporting your well-being through life's changes or nurturing your child's development from infancy to adolescence, we are here for every stage.





Women's Health

Pre-Pregnancy, Pregnancy & Postnatal Care

- ♥ **Comprehensive Pre- and Post-Pregnancy Care**
 - Prenatal Care: Screenings, ultrasounds, and nutritional advice for a healthy pregnancy
 - Postnatal Care: Recovery programs, lactation support, and pelvic floor therapy for a smooth recovery
- ♥ **Preventive Health & Screenings**
 - Regular breast and cervical cancer screenings
 - General health check-ups for long-term wellness
- ♥ **Regenerative & Functional Health**
 - Anti-aging treatments and wellness plans
 - Hormonal therapy and diabetes management for optimal health

Care at every step





Women's Health

Wellness, Aesthetics & Preventive Care



Aesthetic & Dermatological Services

- Skin rejuvenation and non-surgical cosmetic treatments
- Facial and body contouring to boost confidence
- Functional and regenerative gynaecology



Aesthetic Gynaecology After Childbirth

- **Vaginal Rejuvenation:** Restores the appearance and function of the vaginal area
- **Laser Therapy:** Non-surgical solution for vaginal laxity, dryness, and urinary incontinence
- **PRP Therapy:** Tightens and tones through collagen stimulation
- **Scar Revision:** Minimises scars for improved aesthetics and comfort
- **Hormonal Therapy:** Restores hormonal balance and alleviates post-birth symptoms
- **Radiofrequency:** Enhances skin tone, boosts firmness, and improves overall appearance
- **Exosome Therapy:** Supports vaginal tissue repair and relieves discomfort



Mental Health & Emotional Support

- Therapy and counselling to manage emotional changes
- Support for mental well-being at all stages of life



Orthopaedic & Vision Care

- Bone health and osteoporosis prevention
- Vision care for clear, healthy sight



From Prenatal Care to Childhood and Beyond

Continuous support for your child's health



Newborn & Neonatal Care

- Advanced neonatal support for premature and high-risk newborns
- 24/7 paediatric care for a healthy start



Immunisations & Vaccinations

- Comprehensive vaccination schedules to prevent illnesses
- Protecting your child's health for years to come



Growth & Developmental Monitoring

- Tracking milestones and addressing developmental concerns early
- Ensuring optimal physical and cognitive growth



Adolescent & Teenage Health

- Care for puberty, sports injuries, and mental health
- Supporting a smooth transition into adulthood



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Advanced Children's Healthcare Specialised Support at Every Stage

- ♥ **Dermatology, Dental, & ENT Services**
 - Support for skin conditions, ENT concerns, and routine dental care
- ♥ **Orthopaedic Care**
 - Support for flat feet, scoliosis, and fractures
 - Helping children stay active and pain-free
- ♥ **Vision Care for Kids**
 - Eye exams, corrective lenses, and vision treatments
 - Ensuring clear sight for learning and development
- ♥ **Child-Focused Mental Health Support**
 - Play therapy, counselling, and behavioural guidance
 - Building emotional resilience for a happy childhood





Home Care Services for Mother & Child

- ♥ **Postnatal Care for Mothers**
 - Regular monitoring to ensure optimal recovery and overall health
 - Expert assistance in managing postnatal pain and proper wound healing
 - Guidance to maintain a healthy, balanced diet during recovery
- ♥ **Newborn Care Services**
 - Regular assessments to track and support your baby's growth and development
 - Lactation advice to enhance breastfeeding success and comfort
- ♥ **Specialised Home Support**
 - Sessions tailored to aid postnatal physical recovery and strengthen the body
 - Customised care plans to address individual needs and ensure the well-being of both mother and baby

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Comprehensive Care for Mothers



**Obstetrics and
Gynaecology**



**Preventive
Health**



**Aesthetic &
Dermatology Care**



**Aesthetic, Regenerative &
Functional Gynaecology**



Endocrinology



Mental Health



Physiotherapy



Orthopaedic Care



Home Care

Dedicated Care for Children



Neonatal Care



Paediatrics



Dermatology



Dental Care



ENT



Orthopaedics



Vision Care



Mental Health

Dubai, UAE

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Clinics: Dubai Festival City Mall | The Villa Centro | Nakheel Mall

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