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Comprehensive Healthcare Services for Women and Children

At Embrace Mother & Child Care, we are committed to creating a lasting bond with every mother and child through compassionate, expert-led healthcare. From the start of your motherhood journey, through pregnancy, post-natal recovery, and beyond, we provide personalised care tailored to your unique needs.

Our approach goes beyond addressing immediate concerns—we ensure a seamless continuum of care that grows with you and your family. Whether supporting your well-being through life's changes or nurturing your child's development from infancy to adolescence, we are here for every stage.





Women's Health Pre-Pregnancy, Pregnancy & Postnatal Care

Comprehensive Pre- and Post-Pregnancy Care

- Prenatal Care: Screenings, ultrasounds, and nutritional advice for a healthy pregnancy
- Postnatal Care: Recovery programs, lactation support, and pelvic floor therapy for a smooth recovery

Preventive Health & Screenings

- · Regular breast and cervical cancer screenings
- · General health check-ups for long-term wellness

Regenerative & Functional Health

- · Anti-aging treatments and wellness plans
- · Hormonal therapy and diabetes management for optimal health



Care at every step



Women's Health Wellness, Aesthetics & Preventive Care

Aesthetic & Dermatological Services

- · Skin rejuvenation and non-surgical cosmetic treatments
- Facial and body contouring to boost confidence
- Functional and regenerative gynaecology

Aesthetic Gynaecology After Childbirth

- Vaginal Rejuvenation: Restores the appearance and function of the vaginal area
- Laser Therapy: Non-surgical solution for vaginal laxity, dryness, and urinary incontinence
- PRP Therapy: Tightens and tones through collagen stimulation
- · Scar Revision: Minimises scars for improved aesthetics and comfort
- Hormonal Therapy: Restores hormonal balance and alleviates
 post-birth symptoms
- Radiofrequency: Enhances skin tone, boosts firmness, and improves overall appearance
- Exosome Therapy: Supports vaginal tissue repair and relieves discomfort

Mental Health & Emotional Support

- · Therapy and counselling to manage emotional changes
- Support for mental well-being at all stages of life

💔 Orthopaedic & Vision Care

- · Bone health and osteoporosis prevention
- Vision care for clear, healthy sight

From Prenatal Care to Childhood and Beyond Continuous support for your child's health

Newborn & Neonatal Care

- · Advanced neonatal support for premature and high-risk newborns
- 24/7 paediatric care for a healthy start

Immunisations & Vaccinations

- · Comprehensive vaccination schedules to prevent illnesses
- · Protecting your child's health for years to come

Growth & Developmental Monitoring

- · Tracking milestones and addressing developmental concerns early
- · Ensuring optimal physical and cognitive growth

Adolescent & Teenage Health

- · Care for puberty, sports injuries, and mental health
- · Supporting a smooth transition into adulthood





Advanced Children's Healthcare Specialised Support at Every Stage

Dermatology, Dental, & ENT Services

· Support for skin conditions, ENT concerns, and routine dental care

Orthopaedic Care

- Support for flat feet, scoliosis, and fractures
- · Helping children stay active and pain-free

Vision Care for Kids

- · Eye exams, corrective lenses, and vision treatments
- Ensuring clear sight for learning and development

Child-Focused Mental Health Support

- Play therapy, counselling, and behavioural guidance
- · Building emotional resilience for a happy childhood





Home Care Services for Mother & Child

Postnatal Care for Mothers

- · Regular monitoring to ensure optimal recovery and overall health
- · Expert assistance in managing postnatal pain and proper wound healing
- Guidance to maintain a healthy, balanced diet during recovery

Newborn Care Services

- Regular assessments to track and support your baby's growth and development
- · Lactation advice to enhance breastfeeding success and comfort

Specialised Home Support

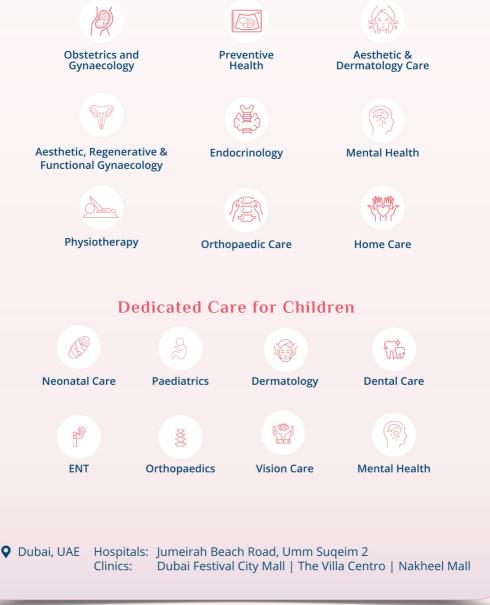
- Sessions tailored to aid postnatal physical recovery and strengthen the body
- Customised care plans to address individual needs and ensure the well-being of both mother and baby

Care at every step





Comprehensive Care for Mothers





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