

How many sessions are required, and what results can we expect?

For the majority of cases, three sessions with a one-month interval are sufficient to achieve noticeable results. The results have been shown to be stable up to 18 months post-treatment. After this, they start to slowly diminish. Maintenance treatment of one session per year is thus advised after the initial series of sessions to achieve lasting, optimal results.

Are the results permanent?

A maintenance treatment of one session per year is advised after the initial series of sessions to ensure the longevity of your optimal treatment results. In order to achieve the best results, it is recommended that women abstain from sexual intercourse for a period of one week following the treatment.



مستشفى وعيادة دبي لندن التخصصي
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& SPECIALITY HOSPITAL



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- Advanced Gynaecological Laparoscopic Surgery
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Functional & Regenerative Gynaecology

Vaginal Rejuvenation



Are you experiencing...

- Stress** incontinence
- Excess **dryness**
- Painful** intercourse
- Loss of sensation & sexual **satisfaction**
- Loose skin** around the vagina
- Reduced sexual **pleasure**



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Who should get this treatment?

Those who are concerned by either the appearance of their vaginal area or are having functional symptoms. The most common reasons for seeking this treatment are women who have previously given birth or may have developed changes as a result of aging. Women who are experiencing symptoms including vaginal laxity, vaginal dryness, urine incontinence, elongated labia, or a gaping vaginal opening may be appropriate candidates for a vaginal rejuvenation treatment.



What age group is suitable for this treatment?

There are no age limitations for the treatments; they are recommended for adult women of all ages. No special pre-op preparations or post-op precautions are necessary, and you can immediately return to your normal everyday activities.

How does it work?

Vaginal rejuvenation procedures use laser energy to improve the appearance and function of the vaginal area. The specific laser procedures used for vaginal rejuvenation may vary depending on the individual patient's anatomy and the specific concerns being addressed.



Stimulating the body's own regenerative potential.



Laser pulses are delivered to the tissue and produce gentle heat in the vaginal mucosal lining, stimulating the formation of new collagen and strengthening vaginal wall support.



This leads to the shrinkage and tightening of irradiated tissues and improves the appearance and function of the vaginal area.



Vaginal rejuvenation treatment with **Fotona SMOOTH** is an innovative laser-based solution for vaginal conditions such as involuntary leakage during coughing and sports activities, loss of vaginal firmness, vaginal dryness, reduced sexual pleasure, lack of sensation, and excess dryness. Fotona SMOOTH laser treatments are based on a specially engineered, patented laser mode that works by delivering gentle heat pulses to the vagina. This treatment will help strengthen and improve tissue quality, helping you to look and feel your best from the inside out.