## How many sessions are required, and what results can we expect?

For the majority of cases, three sessions with a one-month interval are sufficient to achieve noticeable results. The results have been shown to be stable up to 18 months post-treatment. After this, they start to slowly diminish. Maintenance treatment of one session per year is thus advised after the initial series of sessions to achieve lasting, optimal results.

## Are the results permanent?





**Advanced Diagnostics:** 

24 Hour BP Monitoring,

and Echocardiogram

160-slice and a lower

CT Coronary Angiogram

Advanced Intelligent Clear-IQ

(AiCE) body imaging solutions

provides deep learning and

reduced noise for sharp,

Intensive Care Unit (ICU)

Neonatal Intensive

Care Unit (NICU)

**Operating Theatres** 

support systems

complete with high-end

Radiology: Mammography

Ultrasound

X-Ray

clear, and distinct images.

**Acute Care Departments:** 

exposure dose.

(Cardiac CT)

Cardiac Diagnostic:

ECG, TMT, Holter,

• CT Scan:

• MRI:

Redefining Personalised and Patient-centric Healthcare with Welcoming, Bespoke, **Community-focused Facilities.** 

#### Specialities across the group:

- Specialised Departments: Advanced Gynaecological Laparoscopic Surgery
- Aesthetics & Dermatology
- Aesthetic, Regenerative & Functional Gynaecology
- Anaesthesiology
- Audiology
- Back Pain Management
- Cardiology
- Dental Services
- Dietetics & Nutrition
- Diving Medicine
- ENT (Ear, Nose, and Throat)
- Endocrinology
- Gastroenterology General Surgery & Bariatric Surgery
- General Practice (GP) & **Emergency Medicine**
- Genetic Testing
- Internal Medicine
- Nephrology
- Neurology
- Neurosurgery
- Obstetrics & Gynaecology
- Ophthalmology Orthopaedics
- Paediatrics
- Pathology & Laboratory
- Physiotherapy
- Podiatry
- Psychiatry
- Pulmonology Traditional Chinese Medicine
- Urology
- Vascular Surgery

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#### **Q** Dubai, UAE

Hospitals: Jumeirah Beach Road, Umm Sugeim 2 Clinics: Dubai Festival City Mall | The Villa Centro | Nakheel Mall Functional & Regenerative Gynaecology



### Are you experiencing...

- Stress incontinence
- Excess dryness
- **Painful** intercourse
- C Loss of sensation & sexual satisfaction
- ) Loose skin around the vagina
- Reduced sexual pleasure



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Scan Here for Digital Brochure

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## **f** (0) in



**Emergency Services** Walk-in Clinic

MRI & CT Scan Services

# Who should get this treatment?

Those who are concerned by either the appearance of their vaginal area or are having functional symptoms. The most common reasons for seeking this treatment are women who have previously given birth or may have developed changes as a result of aging. Women who are experiencing symptoms including vaginal laxity, vaginal dryness, urine incontinence, elongated labia, or a gaping vaginal opening may be appropriate candidates for a vaginal rejuvenation treatment.

### How does it work?

Vaginal rejuvenation procedures use laser energy to improve the appearance and function of the vaginal area. The specific laser procedures used for vaginal rejuvenation may vary depending on the individual patient's anatomy and the specific concerns being addressed.



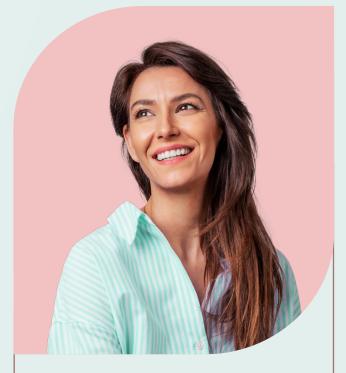
Stimulating the body's own regenerative potential.



Laser pulses are delivered to the tissue and produce gentle heat in the vaginal mucosal lining, stimulating the formation of new collagen and strengthening vaginal wall support.



This leads to the shrinkage and tightening of irradiated tissues and improves the appearance and function of the vaginal area.



Vaginal rejuvenation treatment with **Fotona SMOOTH** is an innovative laser-based solution for vaginal conditions such as involuntary leakage during coughing and sports activities, loss of vaginal firmness, vaginal dryness, reduced sexual pleasure, lack of sensation, and excess dryness. Fotona SMOOTH laser treatments are based on a specially engineered, patented laser mode that works by delivering gentle heat pulses to the vagina. This treatment will help strengthen and improve tissue quality, helping you to look and feel your best from the inside out.

## What age group is suitable for this treatment?

There are no age limitations for the treatments; they are recommended for adult women of all ages. No special pre-op preparations or post-op precautions are necessary, and you can immediately return to your normal everyday activities.